

# *CURRICULUM VITAE*

*of*

*DR ABHA RANI*

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|--|------------------------------|
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## **1. Educational and Technical Qualifications**

| Qualification            | University/ Board              | Passing Year | Percentage              | Major Subjects                                 |
|--------------------------|--------------------------------|--------------|-------------------------|--|
| Fellowship               | UGC Junior Research Fellowship | 2013         | -                       | Home Science                                   |
| Ph.D.                    | Patna University               | 2019         | -                       | Home Science                                   |
| M.Sc. (Food & Nutrition) | R.A.U, Pusa, Samastipur        | 2008         | (84%),<br>OGPA 8.4/10.0 | Major: Food & Nutrition<br>Minor: Biochemistry |
| B.Sc. (Home Science)     | R.A.U,Pusa, Samastipur         | 2005         | (76%),<br>OGPA 7.6/10.0 | As per transcript                              |

A. **Title of Ph.D Thesis** : Assessment of Quality of Street Fast Food (A Case Study of Patna Town.) (**Guide: Dr.Anju Srivastava**).

B. **Title of M.Sc. Thesis**: Dietary intake and other Life style patterns of Diabetic subjects (Advisor: **Dr. Mukul Sinha**)

**2. Date of Birth: December 21, 1980**

**3. Employment Details:**

| Designation         | Employer                            | From       | To         | Nature of Assignment                |
|---------------------|-------------------------------------|------------|------------|-------------------------------------|
| Assistant Professor | B.R.A Bihar University, Muzaffarpur | 16.07.2018 | to date    | Administration, Teaching & Research |
| JRF                 | Patna University                    | 01.09.2014 | 15.07.2018 | Teaching & Research                 |
| SRF                 | B.A.U, Kanke, Ranchi                | 30.07.2008 | 31.03.2009 | Teaching & Research                 |

**A. Administrative Assignments**

- **Head of Department** , Department of Home Science L.N.T College, Muzaffarpur
- **Academic Counsellor Of IGNOU**,for the Programme,CFN, DNHE, DECE
- **Chairman**, Sexual Harassment and Gender sensitization Committee , L.N.T College, Muzaffarpur w.e.f. December 2020 to 12.04.2024.
- **Member** of research and development cell, L.N.T College, Muzaffarpur from 04-04-2022 to 12.04.2024.
- **Co-ordinator** , College Library,College Magazine and House Keeping committee of L.N.T College, Muzaffarpur, w.e.f. July 2024 to till date.

#### **4. Orientation/Refresher course attended**

- Participated in the 89<sup>th</sup> Orientation programme Organized by the UGC Human Resource Development Centre, B.R. Ambedkar Bihar University, Muzaffarpur from 12.02.2020 to 03.03.2020 and obtained Grade A+.
- Participated in the SUBJECT Refresher Course in Home Science, Organized by the UGC Human Resource Development Centre Pt. Ravishankar Shukla University, Raipur from 22.09.2021 to 06.10.2021 and obtained Grade A.

#### **5. List of Publications:**

##### **Research paper / Books / Chapters in Edited Books**

##### **A. Research paper**

- **IMPACT OF LIFESTYLE AND DIET ON BLOOD SUGAR LEVEL OF TYPE 2 DIABETIC PATIENTS**, Shodh Sarita, Volume8, Issue 29, JANUARY to MARCH 2021, ISSN-2348-2397.
- **dsfoM&19 egkekjh ds nkSjku LokLF; ,oa iks'k.k]** Shodh Sanchar Bulletin, Volume11, Issue 41, January to March2021, ISSN-2229--3620.
- **dksjkssuk dky esa fo|kfFkZ;ksa ij bZ&yfuZax dk izHkko** ,Shodh Sarita, Volume7, Issue 28, October to December 2020. ISSN-2348-2397.
- **ubZ f'k{kk uhfr esa x`g foKku f'k{kk dk Hkfo';**, Shodh Sanchar Bulletin, Volume10, Issue 40, October to December2020. ISSN-2229-3620.
- Nutritional Analysis of Fast food in Street of Patna Town, Bihar, Journal of Food Science and Engineering, Vol 7, (2017)
- Street Fast food of Patna Town: An Overview, Research J. Humanities and Social Sciences,7(4), (2016)

##### **B. Books**

- Original text writer of MA/MSc. Home Science , Part -2, paper-IX, paper-XI, paper-XV, paper- XVI of **Nalanda Open University**, Patna (Bihar)
- **C. Chapters in Edited Books**
- dksjksuk dky esa Hkkjrh; f'k{kk O;oLFkk] jk'Vªh; f'k{kk uhfr 2020 orZeku ifjn''; esa f'k{kk ds fofHkUu vk;ke] rhFkZdj egkohj fo''ofok;] eqjknkCkkn A
- Supplements that boost the Immune System,Nutrition and Immune System,ABS Books,Delhi

## 6. Paper presented in Seminar/Conferences

### A. International

- Presented a paper entitled **“Conservation of Environment through Waste Management”** in UGC Sponsored Multi-Disciplinary International Seminar on **“Challenges and Opportunities of Human Environment”** dated 22<sup>th</sup> & 23<sup>th</sup> Feb., 2021, Organized by TNB College & Centre for Regional Studies, Tilka Manjhi Bhagalpur University, Bhagalpur, Bihar (India) in collaboration with Indian Psychological Association (IPA).
- Presented a paper entitled **“Juvenile Delinquency and its Contributing Factors”** in UGC Sponsored Two –Day International Conference on **“Psychology of Crime”** dated 2<sup>nd</sup> & 3<sup>rd</sup> December 2019, Organized by University Department of Psychology, Tilka Manjhi Bhagalpur University, Bhagalpur, Bihar (India) in collaboration with Indian Psychological Association (IPA).

### B. National

- Presented a paper entitled **“fgUnq ?keZ ,oa ekalkgkj ”** in 2<sup>nd</sup> National Seminar on **“Ethics in Modern Era” (Interdisciplinary)**, dated 14-16

December 2019, Organized by Institute for Social Development & Research, Gari Hotwar, Ranchi.

- Presented a paper entitled “**Health and Nutritional Issues of Working Women**” in RUSA Sponsored National Seminar on “**Women in Contemporary India:Contexts and Possibilities**”, dated 18<sup>th</sup> and 19<sup>th</sup> September 2019, Organized by P.G Department of Home Science, Patna Women’s College, Patna University, Patna (Bihar).

## **7. Participated in FDPs/Workshops**

- Participated in one week Faculty Development Programme in Home Science “INSITE” Organized by P.G Department of Home Science,Rama Devi Womens University,Odisha,from 14-19Feb 2022.
- Participated in one week Faculty Development Programme on **Enhancing Programming Skill Using Advance CCP (C++)** Organized by Amity Institute of Information Technology, Amity University Patna in association with Indian Institute of Technology-Bombay through Spoken Tutorial Remote Training, an initiative of National Mission on Education Through ICT,MHRD,Govt. of India from 6<sup>th</sup> to 12<sup>th</sup> July 2020.
- Participated in one week workshop on **NAAC revised ACCREDITATION Framework –Resolving the Practical Snage (under UGC PRAMARSH Scheme)** Organized by GHG KHALSA COLLEGE OF EDUCATION,GURUSAR SADHAR,LUDHINA from Aug 17 to 24,2020.
- Participated in Three Day Online Workshop on **Learning Disability**, Organized by GURU NANAK DEV UNIVERSITY AMRITSAR, School of Education, PMMMMNMTT from 18- 20November,2020.

- Participated in one week FDP on **New Education Policy:Transforming Teacher Education**, Organized by GURU NANAK COLLEGE OF EDUCATION from 29.01.21 to 05.02.2021.
- Participated in one week FDP on **DEVELOPMENT OF E- CONTENTS, ORGANIZATION OF E-MEETING AND ONLINE CLASSES**, Organized by IQAC, Shri Murli Manohar TownP.G. College,BALLIA from 24-29 AUGUST, 2020.

#### **8. Paper Presentation in Webinar: (2)**

- Participated & Presented a paper entitled **“Diabetes Mellitus”** in the International Web-Seminar on **“Management of Life Style during Pandemic”**, dated 11-12 September 2020, organized by Department of Home Science, Ch. Balluram Godara Govt.Girls College, Sri Ganganagar, Rajasthan.
- Participated & Presented a paper entitled **“Empact of E-Learning on Education During COVID-19 Pandemic”** in the two days international Webnar on **Teaching ,Learning and the Virtual World:Psychological and Sociological Perspectives** on 09-10 June 2020 Organized by Department of Education , Vasanta College for Women ,Rajghat ,Varanasi.

#### **9. Participation in Webinar: 30**

#### **10. INVITED LECTURE/GUEST SPEAKER**

- Invited as Guest Speaker in National Commission for Women (NCW) Sponsered Two Day Webinar on **“Women Mental Health And Quality of Life of Married Working Women”**, dated 21-22 December 2020, Organized by Lalit Narain Tirhut Mahavidyala , BRABU, Muzaffarpur.

#### **11. journal Review**

- International Journal of Environment and Climate Change,2020

#### **12. Award, Fellowships / Scholarship:**

| <b>Year</b> | <b>Details</b>  |
|-------------|---|
| 2019        | <p><b>IPA President's Gold Medal Award</b> for excellence in Social Service at the International Conference on "Psychology of Crime" dated 2<sup>nd</sup> &amp; 3<sup>rd</sup> December 2019, Organized by University Department of Psychology, Tilka Manjhi Bhagalpur University, Bhagalpur, Bihar (India) in collaboration with Indian Psychological Association (IPA).</p> |
| 2013        | <p><b>Junior Research Fellowship of U.G.C., New Delhi</b>, for Ph.D Programme.</p>  |
| 2005        | <p><b>University Merit</b> Scholarship for Masters degree programme in Food and Nutrition at R.A.U, Pusa, Samastipur.</p>   |

